

BHARATI VIDYAPEETH
MATOSHRI BAYABAI SHRIPATRAO KADAM KANYA
MAHAVIDYALYA KADEGAON

Academic year 2021-22

Best Practices

Best Practice : 1

1. Title-Promotion of Skill development programs

2. Goals- It is necessary to enhance the knowledge of students other than the subject they are studying. It will improve employability skills of students and provide an opportunity to develop their inter-disciplinary skills. The students will turn as job provider than job seekers.

3. Context-

Different value added courses are offered to all faculty students by each department of college. Each department develops a value added course by putting it before management committee of the college and with prior permission of higher authorities course was designed. Syllabus was designed by appointing the members from other reputed institute. Fee structure, duration of course, exam pattern, time table and teaching faculty was appointed. Eminent academicians from other institute and, industrial experts also appointed. Students are permitted to opt only one course for semester. They can opt interdisciplinary course with permission of Head of the department. Classes of course are conducted during reserve time slot in week end. Exams are conducted after completion of course and students are felicitated by completion certificate. Institute provides infrastructure, library and laboratory facilities for the course.

4. The Practices:

The institute has introduced following courses for developing skills among the students. All these courses are offered to the students free of cost

Sr. No.	Name of Department	Name of Course	Duration	No. of Students completed course	Co-Ordinator	Contact No.
1.	Physics	Prevention and Care of Electrical Shocks	One Month	06	Dr. U. K. Mohite	9225803280
2.	Chemistry	Water Analysis	One Month	20	Mr. Amol L. More	9860707927
3.	Microbiology	Advanced Techniques in Clinical Microbiology	One Month	40	Mr. S. S. Shinde	9423038038
4.	Botany	Mushroom Cultivation	One Month	10	Dr. V. V. Naik	9595961196
5.	Zoology	Techniques in Sericulture	One Month	20	Dr. S. R. Londhe	8329865253
6.	Marathi	Journalist Writing	One Month	10	Dr. Savita Mali	9766458476
7.	Hindi	Media and Hindi	One Month	15	Mr. D.S. Ghutukade	9503164697
8.	English	Film Adaptation and Appreciation	30 Days	30	Mr. M. K. Mali	9422670283
9.	History	Tourist and Guide	One Month	25	Mr. A. M. Yadav	9850953798
10	Economics	Cooperate Value Creation	15 Days	20	Dr. S. G. Kambale	982287166
11.	Sociology	Old Age Home	15 Days	19	Dr. Smt.D. M. Padalkar	9850155964

12.	Geography	Environment and Pollution	One Month	25	Mr. H. S. Mane	9881102346
13.	Commerce	Banking and Insurance	30 Days	27	Dr. B. V. Patil	8766996629
14.	Physical Education	Yoga and Meditation	One Month	20	Smt. S. B. Mohite	9881570107

5. Evidence of Success:

Now a days Industry demands has become competitive, the need for skilled professionals can meet through such education. The value added programs supplements students learning and enhance their preparedness to meet the challenges of professional life. It also facilitates the students to gain and develop p innovative and creative skills through a wide array of course offering. These programs enable the students to acquire a more holistic perspective and better understanding of issues of present day industry challenges. They can start up their own businesses and improve their economic status.

6. Problems encountered and resource required:

Exposure and experience should also be a part of this course, so internship also be offered also completion of these value added course to evaluate the impact of these courses.

Best Practice: 2

1. Title: Motivation for Sport and Culture

2. Goal:

- To increase participation of students in sport and culture
- To develop and express moral virtues and vices, and demonstrate the importance of such values as loyalty, dedication, integrity, and courage.

3. Context:

Institute provides excellent sport facilities for students. We have 4 lane track and well equipped indoor game building. As our students from nearby rural areas it is need to motivate

them for sport. For civil service exams students from other organization need guidance and coaching support, this is given by the physical director of our college.

Sport has the power to provide a universal framework for learning values, thus contributing to the development of soft skills needed for responsible citizenship. Today in the world of competition students has to face various physical and mental problems. Sports play a major part in improving our physical and mental fitness. It helps in developing Self Confidence, Team Spirit, and Mental & Physical toughness. There are two types of sports, indoor and outdoor sport .Every sport has a set of rules to ensure fair competition. Gymkhana department provides all facilities and coaching to the students in various games viz. sport kits, and sport goods as well diet also. The coaching, practice and support improves confidence and personality in them and gain valued outcomes like improved performance, enhanced wellbeing, personal growth, or a sense of purpose. Motivation is a pathway to change our way of thinking, feeling, and behaving skills.

4. The practice:

Source	Evidence	Participants	Name of coach
Athletic coaching camp	10th Oct. 21-7th Oct. 2021	20	Smt.Mohite S.B. Shri Mane B.k
Cricket coaching class	4th Jan.to 11 Jan. 21	17	Shri.Rushikesh Sable
Basketball coaching camp	6th Nov. -2nd Dec.2021	16	Shri. Nilesh Kulkarni
Wrestling coaching camp	1Dec.-10th Dec. 2021	8	Mrs. Seema Lad
Weight lifting coaching camp	5th Oct. 10th Dec. 2021	7	Mrs. Seema Lad
Yoga coaching	21st June2021	Staff and Students	Shri. Mohan Mane
Basic course in Yoga	1stAprilto30th Sept.2022	Students	Adult and continuing education

Self Defense	30-31st May, 1 June	BA-I,B.Com.I, B.Sc.I students	Smt. Valkar A.M
---------------------	---------------------------------------	--	------------------------

5. The Evidence of Success:

As institute provides additional support and coaching to the students in sport, it helps them to Self-confidence and self-esteem. Several studies suggest playing sports develops a child's self-confidence and an intrinsically motivated PE student enjoys putting forth effort to learn as they find it enjoyable to play, improve and develop discipline, social skills, patience, accept defeat and, teamwork. Motivation reflects something unique about each one of us and allows us to gain valued outcomes like improved performance, enhanced wellbeing, personal growth, or a sense of purpose. Motivation is a pathway to change our way of thinking, feeling, and behaving skills. The evidence of success is reflected in their performance. The students of the institute have received number of awards/medals for outstanding performance in sports at University /state/national/ international level during the year 2021-22. They are reflecting as follows-

Sr. No	Event	Level University/ State/National/ International	Name of student	Award/Medal/ Participation
1	Weight lifting	Inter-zonal	Ms. MulikSanikaShahikant	Gold
2	Weight lifting	Inter-zonal	Ms. Mane Kranti Sanjay	Silver
3	Weight lifting	Inter-zonal	Ms.Yadav Anjali Vijay	Bronze
4	Wrestling	Inter zonal	Ms.Mane Kranti Sanjay	Silver

5	Athletics 100 mts and 400mt. Hardels	Sangli Athletics	Zonal	Ms. Yadav Divyadattatraya	Silver
6	100 mts Hardels	Sangli Atheletics	Zonal	Ms. Mulik Akanksha Anil	Silver
7	High Jump	Sangli Atheletics	Zonal	Ms.SanikaHanmantKhirmode	Bronze
8	4x400 relay	Sangli Atheletics	Zonal	Ms.TarangepranjaliPopat Ms.MulikAshwiniJotiram Ms.YadavGitanjaliPandharinat h Ms.Yadavdivya Dattatray	Bronze

Participation

Sr. No.	Event	Level University/ State/National/ International	Duration	Place
1	Basketball Tournament	Inter-zonal	3-4 Dec.2021	B.V.M.B.s.K.KanyaMahvidyalaya, Kadegaon
2.	Basket ball	West zone interuniversity indoor completion	15-17 Dec.2021	Indor, Madya Pradesh
3	Athletic meet	Sangli zonal Athletic meet	8-10 Dec.2021	RajeRamrao Mahavidyalaya, Jath
	Athletic meet	Inter zonal	15-17	V. C.College,Karad

		athletic meet	Dec.2021	
4	Wrestling	Inter-zonal	10-11 Dec.2021	Jaywant Mahavidyalaya, Ichalkaranji
5	Weight lifting	Inter-zonal	18-20 Dec.2021	Devchand college , Arjunnagar
6	Workshop on ‘ Physical fitness for all age group’	Lead college Activity	26 th April 2022	Dr.P.k.Mahavidyala, ramanandnagar,Burli
7	Workshop on’ Psychological factors affecting sport :performance, Injury and Rehabilitation	Lead college activity	19 th April 2022	Arts and commerce college, kadepur

6. Problems encountered and resource required:

The students are coming from different nearby villages by buses, however due to pandemic situation there are inconvenient schedule of buses. As sport practice started early in the morning students can't reach in proper time has become some problem in coaching and practice .However we scheduled the activities in different time and overcome this problem in some extent.
