

Best Practices : 2018 -19

Best Practice - I

1. Title of the Practice: Personality development through various activities

2. Goal:

- To develop better communication skills
- To develop warm and approachable attitude .
- To stay enthusiastic
- To face every challenge confidently and to overcome the adversity or to learn something invaluable.
- To become friendly and be ready to share and help.
- To nurture the students not only to be competent professionals but also responsible citizens and noble minded human being.

1. The context:

- Large number of students are from economically and socially backward areas. Presently it is necessary to educate rural girl students by providing them various facilities and activities.
- Personality development programmes are arranged in college through various extracurricular activities.

4. The Practice:

- Personality development programs were regularly arranged through various cultural activities like elocution competition , debate , participation in youth festivals.
- Physical fitness and health care programs were jointly undertaken by Gymkhana and Ladies association.
- Yoga and karate training was organized by gymkhana and placement cells.
- Various lectures were organized by Carrier Guidance Cell
- Students are promoted to participate in the scientific events like seminars / conferences / workshops organized in the college to develop research attitude.

- Study tours to the research institutes and industrial visits are arranged.
- Personal attention by the class teachers and provision of library for reading materials.
- Provision of additional skill oriented courses of Shivaji University .
- Lectures on various topics related to personality development.
- Opportunity is given for writing creative as well as critical views through college magazine - *Alankarbharati* and Wall posters
- The Institute also organizes competitions on mehendi, drawing , hand writing, flower arrangement, rangoli etc on various occasions to provide a platform and to develop and nurture the creativity.
- Gandhi Vichar Sanskar examinations are organized by Vivek Vahini through Gandhi Foundation , Jalgaon

5. Evidence of success:

The achievements of the students in activities of Cultural , NSS, Sports Research and Vivek Vahini indicates the success of this programme.

1. Participation of students in Shivaji University District level youth festival, Sangli for Solo song , Group Song , Folk dance , Mime and Street Play.
2. Participation in Inter University (Indradhanushya) youth festival at Pune for Solo song and Western Song.
3. Participation in National youth festival at Chandigardh for Solo song and Western song .
4. Participation in group Song competition at Karad .
5. Participation in Elocution , Criticism writing , Essay writing, Elocution and Story writing competitions at various levels.
6. Participation of students in Avishkar competition.
7. Completion of Research Project by the students in Marathi Dept. under Research Sensitization Scheme of Shivaji University.
8. Participation of students in Boxing and Badminton at University level.
9. Participation of students in Avhan Camp at Aatpadi and Aurangabad.
10. 10. NSS unit of the college received the Second Prize for Best Unit under Shivaji University.

11. Participation of students in Gandhi Vichar Sanskar Examination under Vivek Vahini.

6. Problem Encountered and Resources Required: -

7. Notes (Optional) : Nil

Contact Details :

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Best Practice - II

1. Title of the Practice : Women empowerment programmes

2. Goal :

- To improve self image and their self appraisals.
- To encourage and empower girls and women
- To Upgrade their practical skills and technical management,
- To upgrade entrepreneurial, lobbying advocacy.
- To give the women the capacity to give themselves power, even if only psychologically.
- To Support girls and women in crisis

3. The context:

The institute has constituted Ladies association , Anti-sexual Harassment Cell and Earn and learn scheme which takes efforts to empower the students . The faculty conducts some carrier oriented courses funded. To develop self-esteem and self-confidence.

- To have knowledge about their bodies and sexuality.
- To have the ability to make their own decisions and negotiate.
- To raise the women's awareness of their civil rights.
- To provide skills for income generation.
- To make participation in community/society more effective.
- To prepare them to be good women leaders.

4.The Practice:

- Ladies association organized counseling program in collaboration with police department.
- Workshop were organized on Domestic violence law and right to information.
- Lectures on harassment of women at work place and save girl child were organized.
- Self funded short term handicraft courses like beauty-parlour, mehendi, rangoli, jewelry making , soft toys etc were conducted by ladies association in order to make them able to earn some money

- Various lectures were organized for developing their confidence.
- Yoga training was offered to prepare them physically and mentally fit.
- UGC sponsored courses like Fashion designing and Catering are conducted which are very useful to improve their economical status.
- Different skill oriented courses were also conducted to develop various skills which will help them to earn.
- Earn and learn schemes was also helpful them to earn better in college hour.
- Carrier guidance and placement cell supports students in carrier through various activities

5. Evidence of success :

Sr. No	Event	Duration	No. of Beneficiaries
1	Counseling for Students by Police Department	12-12- 2018	300
2	Workshop on domestic violence and rights	2-1- 2019	200
3	Lecture on Harassment of women at workplace	20-8-2018	500
4	Self funded Handicraft courses like Mehandi, rangoli, Jewlary making, soft toys etc.	3 Months	50
5	Beauty-parlor	10 days	12
5	Yoga training		500
6	Gymkhana activities like chess competition		
7	Participation in NSS special camps- at Soholi , Awahan Camp at Atpadi Awahan camp At Aurangabad	21-12-2018 to 28- 12- 2018 ; 3-5-2018 , 25-5-2018	100 02 02
8	UGC sponsored carrier oriented courses - Fashion designing	Six months	12
	UGC sponsored carrier oriented courses - Catering Technology	Six months	18
9	Additional skill oriented courses (Total - 06) approved by Continuous Education Department of Shivaji University, Kolhapur	6 months	170
10	Earn and Learn Scheme	-	12
11	Carrier guidance - General knowledge Test	-	553

6. Problem encountered and resources required : -

7. Notes (Optional) : Nil

8. Contact Details :

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